

Tokyo Marathon 2026 Elite Entry Information

1. Race Name Tokyo Marathon 2026
also serves as:
-Marathon Grand Championship Series 2025-26
-Selection Trials for the Asian Games Aichi-Nagoya 2026
-Japanese Olympic Trial for Olympic Games 2028
-Abbott World Marathon Majors Series XVIII
2. Organizer Tokyo Marathon Foundation
3. Co-organizers JAAF (Japan Association of Athletics Federations); Tokyo Metropolitan Government;
The Yomiuri Shimbun; Nippon Television Network Corporation; Sankei Shimbun Co., Ltd.;
The Tokyo Shimbun.
4. Managing Organization Tokyo Athletics Association
5. Operation Support Tokyo Sports Association for the Disabled; Kanto Para Athletics.
6. Supporting Organizations (provisional)
JAPAN SPORTS AGENCY; Ministry of Land, Infrastructure, Transport and Tourism;
Metropolitan Tokyo Mayors' Council; Japan Sports Association;
Japanese Olympic Committee; Japanese Para Sports Association; Japan Para Athletics;
Nippon Keidanren (Japan Business Federation); KEIZAI DOYUKAI (Japan Association of
Corporate Executives); The Tokyo Chamber of Commerce and Industry;
Tokyo Medical Association; Tokyo Disaster Prevention & Emergency Medical Service
Association; Tokyo Private Ambulance Call Center Registered Companies Liaison Council;
TOKYO NURSING ASSOCIATION; Tokyo Convention & Visitors Bureau; Tokyo Federation of
Neighborhood Associations; Tokyo Federation of Shopping Center Promotion Associations
& Tokyo Federation of Shopping Centers; Tokyo Sports Association; Community Sport
Leaders Tokyo; Metropolitan Expressway Co., Ltd.; The Hochi Shimbun; Radio Nippon Co.,
Ltd.; Sankei Sports; Nippon Broadcasting System, Inc.; The Tokyo Chunichi Sports.
7. Presenting Partner Tokyo Metro Co., Ltd.
8. Official Partners (provisional)
STARTS CORPORATION INC.; Mastercard; ASICS Japan Corp.; Otsuka Pharmaceutical Co., Ltd.;
KINTETSU INTERNATIONAL; SEIKO GROUP CORPORATION; The Dai-ichi Life Insurance Company,
Limited; McDonald's Company (Japan), Ltd.; Mizuho Bank, Ltd.; Kokumin Kyosai co-op
(National Federation of Workers and Consumers Kyosai Cooperatives);
Hisamitsu Pharmaceutical Co., Inc.; Kao Corporation; BATHCLIN CORPORATION; Porsche Japan
K.K.; realbuzz; NIHON KOHDEN CORPORATION; KOYOU RENTIA Co., Ltd.; Fanplus, Inc.; Shimizu
Octo, Inc.; SAGAWA EXPRESS CO., LTD.; TANAKA PRECIOUS METAL GROUP CO., LTD.; Rokko Butter,
Co., Ltd.; Hibino Corporation; Photocreate Co., Ltd;
9. Date / Start Time Sunday, March 1, 2026 / 9:10 a.m.
10. Course The course is certified by the JAAF, World Athletics and AIMS.
Tokyo Metropolitan Government Building - Suidobashi - Ueno-hirokoji - Kanda -
Nihombashi - Asakusa Kaminarimon Gate - Ryogoku - Monzen-nakacho - Ginza - Tamachi
-Hibiya - Tokyo Station/Gyoko-dori Ave.
11. Eligibility
(1) Athlete (Men and Women) who meet the following requirements
① Those who registered with the JAAF in fiscal 2025
② Those who are 19 years old or older as of March 1, 2026
③ Those who has the following official records in official competitions in Japan and
overseas between March 1, 2022 and the date you enter.
• Men Marathon: Under 2:18:00 / Half Marathon: Under 1:01:30 / 10000m: Under 28:15

- Women Marathon: Under 2:45:00 /Half Marathon: Under 1:11:00 / 10000m: Under 32:00
- (2) National and international athlete who recommended by the organizer and/or the JAAF.
- (3) National and international athlete who invited by the organizer and/or the JAAF.

12. Competition Rules The races will be conducted in accordance with the latest rules and regulations of the World Athletics (WA) and JAAF(Japan Association of Athletics Federations). Also, this race is a Platinum Label certified by WA, and the WA Road Race Label Regulations and Advertising Regulations also apply.
Doping control will be conducted in accordance with WA regulations.
13. Field Size 150 men and women
*If the number exceed the field size, some might be asked to participate as Semi-Elite.
14. Entry Fee 19,800 JPY (Entry, handling fee and tax included)
15. Entry (1)Entry Period 11 a.m. on December 8(Mon.), 2025 ~ 5 p.m. on January 8(Thu.), 2026
(2)How to Enter Please email your entry request to TM_Elite@tokyo42195.org
 * We will reply with the entry form later.
16. Selection We will announce after January 22, 2026(Thu.)
17. Award The top 10 Men and Women in the Elite division
18. Prize 1st \$80,000、2nd \$30,000、3rd \$15,000、4th \$7,000、 5th \$5,000
6th \$4,000、7th \$3,000、8th \$2,000、9th \$2,000、10th \$500

World Record (WR) \$200,000 (1st-place only)
Course Record (CR) \$20,000 (1st-place only)
National Record(NR) 5,000,000 JPY (Domestic 1st-place only)

*Tax is included in the amount.
19. Registration Date & Time
 February 28 (Sat.), 2026 Hours: Until Noon (provisional)

Location
 Keio Plaza Hotel Tokyo: 2-2-1 Nishi-Shinjuku, Shinjuku-Ku, Tokyo

*There will be not registration on the race day
*Athletes must conduct registration by themselves
*Details will be announced separately with the notification of the selection.
20. Technical Meeting February 28(Sat), 2026 Hours: Afternoon (provisional)
*Details will be announced separately with the notification of the selection.
21. Personal drink registration
Date & Time
 March 1 (Sun.), 2026 Hours: 6 : 00 a.m. ~7 : 00 a.m. (provisional)
Location
 Keio Plaza Hotel Tokyo: 2-2-1 Nishi-Shinjuku, Shinjuku-Ku, Tokyo

* Please prepare your own container
(size including decorations: up to 8 cm in diameter and 35 cm in height).
* Personal drink tables will be removed after a certain period of time.

22. Handling of Personal Information

The organizer and JAAF recognize the importance of personal information and handle personal information in accordance with laws and regulations related to the protection of personal information and the organizer's personal information protection policy.

Personal information will be used for the purpose of improving services for participants, including runner handbook, notification of results and related information, medical assistance, information on the next event, services provided by partners and related organizations, and announcement of results (rankings, etc.).

In addition, the organizer, JAAF or its subcontractor may contact you to confirm your entry information.

23. Doping control

- (1) This competition is subject to doping tests in accordance with WA anti-doping rules and regulations, and/or Japanese anti-doping regulations.
Doping tests will take place from 11:59 p.m. on the day before the competition until testing is completed, and urine and/or blood samples will be collected.
If you are subject to doping tests, you must undergo test in accordance with the instructions of the inspector (please note that blood sampling may take place two hours after the end of the competition/exercise).
In addition, please check the Japan Anti-Doping Agency (JADA) website in advance for details on the above rules and regulations and doping tests.

- (2) If you are subject to doping tests, you will need to present photo ID. Please bring your student ID card, employee ID card, driver's license, or a copy of your passport with a clear photo.

- (3) Participants in this competition (including those who are under the age of 18) are deemed to have agreed to be subject to doping tests in accordance with the Japan Anti-Doping Code at the time of entry.
For participants under the age of 18, entry for this competition shall be deemed to constitute consent by their legal guardians.

Therefore, participants who refuse or evade doping tests (regardless of the type of sample, such as urine or blood), fail to follow the instructions of inspector, or are unable to complete the doping test procedure due to personal circumstances such as travel on the return journey, may be in violation of anti-doping rules. Please note that if you are found to have violated anti-doping rules, you will be subject to sanctions in accordance with the Japan Anti-Doping Code.

- (4) Notwithstanding the above (3), participants under the age of 18 must bring a consent form signed by their parent or guardian to the competition.

A form can be downloaded from the JADA website
(<https://www.playtruejapan.org/jada/u18.html>).

Participants under the age of 18 must submit a consent form signed by their parent or guardian to the inspector when undergoing doping tests.

Please note that the submission of a consent form from a parent or guardian is required only once for those under the age of 18. If you are subject to doping testing again after submitting the consent form, you must inform the inspector that you have already submitted the form.

If you are unable to submit a consent form from your parent or guardian at the doping control site, please mail it to the JADA within 7 days after the test.

Even if a consent form is not submitted at the time of the doping test, it shall not affect the doping test procedure in any way.

- (5) Participants must learn about anti-doping in advance by using the JADA Clean Sports Athlete Site
(https://www.realchampion.jp/who/national_outline/jaaf.html?utm_source=JAAF&utm_medium=youkou&utm_campaign=202409JAAF) and other resources.

- (6) TUE Application

Participants who have to use prohibited substances or methods for the

treatment of illness as defined by international standards must apply for a “Therapeutic Use Exemption (TUE)” .

For details, please refer to the website of the Medical Committee of the JAAF (<https://www.jaaf.or.jp/about/resist/medical/>) or the JADA website (<https://www.realchampion.jp/resources/000162.html>).

If a TUE has been granted for prohibited substances or methods, submit a copy of the certificate to the inspector during doping control.

24. Others

- (1) This event will be held as part of the MGC Series 2025-2026 G1 tournament.
- (2) Before participating, please read and agree to the Race Information and various regulations (“Event Regulations,” “Race Regulations,” and “Entry Regulations”) (<https://www.marathon.tokyo/participants/guideline/>)
- (3) The Race Information and regulations are subject to change in accordance with the Japanese government policy.
- (4) This event will be conducted in accordance with all relevant domestic laws and regulations.
- (5) The organizer shall have the right to publish videos, photographs, articles, records, etc. in TV, newspapers, magazines, the Internet, etc. during the event.
- (6) The way of payment of prize shall be determined separately in accordance with the payment regulations.