RUN as ONE
TOKYO MARATHON 2020

RUN as ONE - Tokyo Marathon Program

【 Semi-Elite (Overseas) 】

Tokyo Marathon Foundation

About the RUN as ONE –Tokyo Marathon Program

As Tokyo selected to host the 2020 Olympic and Paralympic Games, this program started with Tokyo Marathon 2015 to enhance the culture of running in Japan by uniting runners and race supporters all around. Following year in 2016, we established "Semi-Elite (Overseas)" category for superior athletes from outside of Japan, who meet the criteria set by Tokyo Marathon Foundation, to provide better participation opportunities. The Tokyo Marathon, a member of the Abbott World Marathon Majors (AbbottWMM), will continue to implement variety of initiatives to help develop the sport of running, allowing more runners from Japan and overseas to experience a world-class race.

Program Guidelines

Program Name	RUN as ONE - Tokyo Marathon 2020 "Semi-Elite (Overseas)"
Outline	This program is designed to provide excellent runners, who reside outside of Japan and meet the criteria set by the Tokyo Marathon Foundation, the right to participate in the Tokyo Marathon 2020.
Eligibility	Runners who meet the Application Criteria (Provisional Entry) outlined below.
Field Size	300 (tentative)
Application	Please apply through the Tokyo Marathon Official Website within the application period set by the Foundation as follows: URL : https://onetokyo.org/english/runasoneentry/agreement

* Application Period (Provisional Entry):
  Tuesday, July 9, 2019 10:00 a.m. (JST) to Wednesday, July 31, 2019 5:00 p.m. (JST)

* Notification of Selection Result:
  Wednesday, August 21, 2019

* Entry Period (payment):
  Wednesday, August 21, 2019 10:00 a.m. (JST) to Friday, August 30, 2019 5:00 p.m. (JST)

Application Criteria

Applicants must :

1 Be 19 years of age or older on the race day.
2 Be healthy and in good physical condition.
3 Satisfy the terms of eligibility set as per the Tokyo Marathon Application Guidelines.
4 Bear the costs associated with participating in the Tokyo Marathon
  (e.g., entry fee, transportation, and accommodation expenses).
5 Be residing outside of Japan, regardless of nationality.
6 Submit a certificate of official records (i.e. results) as a proof.
7 Have met the standard qualifying time in the races held between July 2018 and June 2019
  which are:
  ・IAAF Gold Label, Silver Label, or Bronze Label Races
  ・AIMS Certified Races
  * The starting block for the selected runners will be Corral A.

Qualifying Times (gun time or net time)   * Full Marathon（42.195km）only

・ Men's Full Marathon: under 2:45:00
・ Women's Full Marathon: under 3:30:00

  * Achieving the qualifying standard does not guarantee the entry into the event, but simply the opportunity to submit for registration. In recent years, not all qualifiers who submit an entry have been accepted due to field size restrictions.

Selection Method

● Runners will be selected based on the fastest times through the submitted official records (with separate criteria for each gender).

● Rigorous selection will be carried out by the Tokyo Marathon Foundation, and the selection results will be notified to applicants.

  * Applicants must submit a certificate of official records (i.e. results) to the Tokyo Marathon Foundation along with

   the application.

  * If you were not selected, your entry will automatically transfer to General Entry.

  * Any runners who falsified their record results will not be allowed to participate in future Tokyo

   Marathon races.

Entry Fee

Entry Fee : 18,200 Yen
Payment : Selected runners are required to complete their payment in full by Friday, August 30, 2019 (5：00 p.m. JST)
         Payment is accepted only by credit card.

Participation Flow

1 | Runner application (Provisional Entry)

Application Period: July 9 – July 31, 2019

Please apply through the Tokyo Marathon 2020 official website.

* Please be sure to submit a certificate of official records (i.e., results) as a proof.
* Please note that the money donated by applicants to Tokyo Marathon Charity will not be refunded, even if they are confirmed for the race as semi-elite participants.

2 | Selection

Selection Period: August 1 – August 20, 2019

Runners will be selected based on the official record of the certificates submitted (with separate criteria for each gender). Rigorous selection will be carried out by the Tokyo Marathon Foundation, and the selection results will be notified to applicants.

* In the event that the record provided along with the application cannot be verified, the application will be rejected.

3 | Notification of the Selection Result, Entry, Registration, and Payment

Notification of the Selection Result: August 21, 2019

Entry Payment : August 21 – August 30, 2019

After the selection by the Tokyo Marathon Foundation, selected runners will be guided to the entry registration and payment procedures.

* Payment is accepted by credit card only.

4 | Packet Pick-up

Runner Handbook: available in early February 2020

Packet Pick-Up: February 27 – February 29, 2020

Once the registrations have completed and entry fees have been paid, runners will receive a "Packet Pick-up Confirmation" to exchange for a Packet around early February 2020.

To join as a "Semi-Elite" athlete on the race day, runners must conduct Packet Pick-up (February 27 – February 29, 2020).