



What are “no-baggage runners”?

It refers to runners **who do not have any baggage to check** at the start area and are eligible to receive **our original insulated poncho, which will be distributed at the finish area only to no-baggage runners**, after going through the runner services to quickly return home or to respective accommodations. We will be accepting no-baggage runners on a trial basis for Tokyo Marathon 2018.

We recommend the no-baggage option for runners who:

- **Are experienced in completing full marathons**
- **Live or have accommodation in Tokyo or near the finish area**
- **Can meet up with friends or family members after finishing the marathon**

※Please be sure to carry items such as smartphones or mobile phones (to contact others and gather information during emergencies) and transportation IC e-cards (to return home) with you during the race.

※We will be collecting all items of clothing worn to the start area that will not be required during the race.
(collected items will not be returned to runners.)

Flow of pre-start and post-finish runner experience (provisional)



For no-baggage runners only

You will receive our original insulated poncho after finishing the marathon!

After finishing the marathon and going through runner services, you will receive our original insulated poncho for free (as a trial), which will allow you to quickly leave and return to your home or accommodation.

***Original Poncho Design Reference**



*Image Picture of the Poncho.
Center Back Length : 106.5cm



*Ponchos shown above are the ones used at the TCS New York City Marathon.

【Notes】

*Official Baggage Bags will not be distributed to no-baggage runners during runner registration at the EXPO.

***Changes to the baggage check option will not be permitted once registration is complete.**

*If you drop out of the marathon on race day, the sweep bus will take you to the finish area where you will receive our original insulated poncho. However, you will not receive our original insulated poncho if you do not participate in the race.

*Details and information will be regularly updated on our official website.

***Only the ONE TOKYO premium members and general entry registrants (marathon) are eligible to choose the no-baggage option.**