



CHARITY
TOKYO MARATHON 2026

September 19, 2025
Tokyo Marathon Foundation

Tokyo Marathon 2026 Charity

Total donations reached a record high of 1,284,565,539 yen
The cumulative donations since the 2011 edition: 7,086,918,597 yen
Thank you to everyone who supported and donated.

We called for Donations and Charity Runners for the Tokyo Marathon 2026 [held on Sunday, March 1, 2026] and raised a record amount of 1,284,565,539 yen. Donations will be used for the Charity Programs selected by the donors to promote sports and support environmental conservation, refugees, sick and impoverished children, and animal welfare.

Tadaaki Hayano, Chairman/CEO of the Tokyo Marathon Foundation, stated as follows:

"This year, we surpassed last year's marathon to reach a record high of over 1.28 billion yen in donations.

I'm very glad that as one of the Abbott World Marathon Majors, we are further widening the circle of people who contribute to society through sports. I would also like to express my heartfelt gratitude for the warmth of all those who donated and to all of the Charity Runners.

Through the Tokyo Marathon and the Tokyo Legacy Half Marathon, the Tokyo Marathon Foundation has sought to hold events that contribute to society. This charity project contributes to a diverse range of fields: the promotion of sports, environmental conservation, support for refugees around the world, assistance for children who are battling serious diseases, animal welfare, and more. I look forward to your ongoing support and collaboration in these endeavors."

Thanks to the warm support of countless people, the Tokyo Marathon Charity grows year by year. We'd like to introduce some of the donations to the Charity Programs of the Tokyo Marathon 2026 Charity along with testimonials from Charity Runners.

Tokyo Marathon 2026 Charity Runner Feelings

Below, some of the many Charity Runners who are tackling social issues by running in the Tokyo Marathon share their thoughts and hopes.

Tokyo Marathon Foundation Sports Legacy Program 1

I am a 50-year-old recreational runner.

Running has been a symbol of both challenge and healing throughout my life. When I felt stuck in my career, when life threw me curveballs, running helped me move forward — one step at a time. Now, at this milestone age of 50, I feel a strong desire to give back by running not just for myself, but for others.

I deeply resonate with the mission of the Sports Legacy Program — creating a society where everyone, including children facing hardship or disability, can enjoy sports and feel included.

If my steps can help build that future, I will gladly carry that spirit for 42.195 kilometers.

I have spent decades running for myself. Now, I run for something greater. That, to me, is the most meaningful way to celebrate turning 50. [CHINESE TAIPEI • Male]

Tokyo Marathon Foundation Sports Legacy Program 2

"I was born in Tokyo, Japan (I'm half Japanese half American) and lived most of my teenage years in Japan but after I graduated High School I moved to the United States. I remember watching the

news when I was at University and seeing the Tsunami hit Fukushima when the Great East Japan Earthquake happened.

I remember being scared and heartbroken for my grandparents who live in Fukushima and for my friends who were still in Tokyo. Being unable to contact them due to phone lines being jammed. Luckily my loved ones were safe but I know that wasn't the case for many impacted.

I returned to Japan after that year at University and with some of my friends we visited the areas impacted by the earthquake and tsunami and aided in the clean up. At the time that was all I could do as I was a young student with no money. I didn't know it but that was actually the last time I was able to visit Japan.

Now 14 years later, I have a wife and kids of my own. Coincidentally they are also half Japanese but have never been to Japan. Now that I am older and have the means to donate I would like to help those whose families were hurt from the earthquake. To make an impact through sport and to also show my children what it looks like to work hard and give it your all.

There are many charities that I could have applied for but when I saw the Sports Legacy program I knew it was meant to be. Now 15 years after the earthquake I can return to Japan to aid in the relief once again and to do it through sport would be amazing.

I would love to represent the organization and to raise money to help those impacted by the Great East Japan Earthquake." [USA•Male]

Tokyo Marathon Foundation Sports Legacy Program 3

I would like to support a charity that supports aid and assistance to the needy. I am happy to know that this foundation support Noto Peninsula because of it's wonderful coastline, picturesque village and rich Japanese cultural heritage, and it's in my wish list of places to visit someday. As I come from a fishing village/region I cannot imagine the sadness and sorrows the locals are experiencing after the earthquake. I can really relate, and I hope through my donation, it could assist in restoring the community life, provide support to the affected residents as well as recovery efforts for fishing villages, houses and buildings destroyed and damaged by the earthquake that happened in 2024.

[INDONESIA •Female]

Certified Nonprofit Organization Family House

When I was eight, I lost my 3-year-old brother, Brock, to a chronic condition called Congenital Adrenal Hyperplasia. Our family traveled often across state lines for his treatment, staying in hotels near the hospital during extended medical stays. Even as a child, I remember how stressful, tiring, and uncertain those times felt. A place like Family House—offering comfort, care, and a sense of home—would have been an incredible gift. I now run in Brock's memory, to honor his life and the strength of our family. By the end of 2025, I will have completed four of the six World Marathon Majors (Boston, Chicago, Berlin, and New York). Running Tokyo for Family House would be the most meaningful, also in honor of my mother, who passed away in 2021 from lung cancer. She was the rock of our family during those hospital years, and I know she would be proud. I hope to bring strength and comfort to other families facing the unimaginable. [USA•Male]

Plan International Japan

I study Aerospace Engineering where there are only 10% female students. Also in many sports there are more men than women. I would like to help ensuring good primary, secondary and even further where it is possible across the world. I ran my first marathon last year, finishing after 3.52h which I was very happy with and by participating in the Tokyo Marathon with Plan International I would like to support girls equal opportunities. [NETHERLANDS •Female]

Ronald McDonald House Charities Japan

I want to run for the Ronald McDonald house Charity because it hits so close to home for me. I am from a rural area and I've seen firsthand how hard it can be for families when a child is seriously ill and you're separated by distance. In an already overwhelming atmosphere, the idea

that there's a place where parents can stay close to their children during such a tough time without worrying about finding a bed or a meal is incredibly meaningful to me. This charity doesn't just provide shelter, it gives comfort support and a sense of family when it's needed most. Running for this cause is my way of giving back. I may not be in the healthcare field, but I can put one foot in front of the other and raise some money to help keep these families together. I have nothing but admiration for the work Ronald McDonald house does and if this donation can make someone else's journey a little lighter I am more than happy to contribute.

[CANADA•Female]

NPO Florence

I was raised by a single mother who worked tirelessly to support me and my two younger brothers. From my early school years, I saw her move us from place to place due to unstable rental conditions, with no support from extended family. Despite all challenges, she never gave up on giving us the best future possible. Thanks to her perseverance and love, both my brother and I graduated from overseas universities and have become entrepreneurs.

Running the Tokyo Marathon as a Charity Runner is not just about the race—it's about honoring people like my mom and other single parents who give everything to their children, even when the odds are stacked against them. I deeply admire those who stand tall in difficult times and never stop striving for a better future for their families. I hope this participation can be a tribute to them and a message of hope to others who are still fighting. [INDONESIA•Male]

Nonprofit Organization MadreBonita

When I gained interest in running the Tokyo marathon, I was pleasantly surprised to see NPO MadreBonita. Tokyo is the only world major marathon that has a maternal health charity. I would feel so honored to represent it as a labor & delivery/Postpartum nurse at Massachusetts General Hospital in Boston, Massachusetts, USA.

The world of postpartum mental health is a really daunting place, one that most people don't see or think about often. Most of the world sees pregnancy and motherhood as adding the gift of life to a family. They see joy, cute babies, and little clothing, but what they don't realize is the immense changes that all mothers must navigate both during their pregnancies and long after their babies are delivered.

The challenges mothers face during this postpartum period are among the greatest mental, emotional, and physical changes women will see in her entire lifetime. These changes take weeks, months, and sometimes years to cope with. There is very little help & support for the postpartum mother, which is when they need it most.

During these fragile times after the baby is born, women are so wrapped up in caring for their infants that they forget to care for themselves, too. Programs like MadreBonita that focus on improving maternal mental, physical, and emotional health are critical to keeping postpartum depression and postpartum psychosis away and our women & children safe. I have personally witnessed the tragedy that follows PP depression/psychosis and the destruction it causes to families. Each time, I wish that there was something more I could've done or more resources I could have provided to prevent it. Fundraising for MadreBonita is a great way to make sure our Mother's are caring for themselves as well as they are caring for their children. If selected, I will be running this race in memory of Cora, Dawson, & Callan Clancy.

[USA•Female]



Total donations for the Tokyo Marathon 2026: 1,284,565,539 yen

[Breakdown of donation amounts by recipient organizations]

Charity Programs	Amount of donation	Charity Programs	Amount of donation
Tokyo Marathon Foundation Sports Legacy Program 1 Creating and passing on a society in which people can enjoy new lifestyles through sports	75,713,000yen	Tokyo Marathon Foundation Sports Legacy Program 2 Education work for areas stricken by Great East Japan Earthquake (Iwate, Miyagi, Fukushima)	7,453,000yen
Tokyo Marathon Foundation Sports Legacy Program 3 Relief and Support Projects for the Disaster-Affected Areas of the 2024 Noto Peninsula Earthquake	27,661,000yen	Ronald McDonald House Charities Japan Relief and Support Projects for the Disaster-Affected Areas of the 2024 Noto Peninsula Earthquake	208,330,638yen
Peace Winds Japan Development of protection and transfer activities to save dogs' lives, as well as training for disaster relief and therapy dogs.	137,400,779yen	Action against Child Exploitation Protecting children from hazardous child labour, providing education, and helping families raise themselves out of poverty	76,069,000yen
Japan for UNHCR Sports and educational support to nurture the will to live among refugee children and youth who have been forced to flee their homes due to conflict	56,321,000yen	Plan International Japan Run for Girls! Towards a society where everyone is equal! Support education and independence and give girls more choices in life.	43,336,000yen
Gold Ribbon Network •Scholarships for childhood cancer survivors enrolling universities, colleges or vocational schools. •Hospitalization allowance for single-parent households with children requiring cancer treatment. •Research funding to improve the cure rate and quality of life for children with cancer	59,590,000yen	Kamonohashi Project To create a society where children do not suffer from abuse. Prevention of child abuse and rehabilitation of children who suffered from abuse cases.	34,839,000yen
Special Olympics Nippon Foundation We provide sports for people with intellectual disabilities as possible and to make the society where everyone can feel happy with or without disabilities.	23,997,001yen	Room to Read Japan Founded in 2000 on the belief that World Change Starts with Educated Children®, Room to Read is creating a world free from illiteracy and gender inequality through	66,241,000yen
NPO KIDSDOOR We provide free educational and social spaces for underprivileged children where they can study, eat, interact with others, etc.	41,487,200yen	Japan Cancer Society Operation of free cancer consultation service "Hotline" for cancer patients and their families, Promote cancer prevention and cancer screenings, Disseminate correct knowledge and raise awareness of cancer.	44,340,000yen
Certified Nonprofit Organization Family House Providing residential facilities and care for children fighting critical illness and their families during medical	21,524,671yen	Japanese Para Sports Association The Japan Sports Association was founded in Japan following the momentum generated by the Tokyo 1964 Paralympic Games. Its aim was to develop and promote sports opportunities for people with physical impairments in Japan.	15,320,000yen
Teach For Japan To realize a world where all children can receive an excellent education	33,733,100yen	CARE International Japan Now support women and girls who are facing difficulties in developing countries and conflict zones such as Ukraine	27,712,922yen
WaterAid Japan Delivering clean water, decent toilets and good hygiene for everyone, everywhere.	27,255,998yen	The Public Interest Incorporated Foundation Solaputi kids' camp Inviting children with serious illnesses and their families to a dream campsite with on-site medical care.	18,366,065yen
Pride House Tokyo NPO Operating Pride House Tokyo Legacy, Japan's first LGBTQ+ center, and supporting LGBTQ+ youth.	29,834,000yen	Friends Without A Border Japan Run for children! Help build medical services rooted in Laos. Delivering compassionate care, cuddles and smiles.	17,602,000yen
Kokkyo naki Kodomotachi (Children without Borders) To provide educational opportunities to underprivileged children in Cambodia, Philippines and Bangladesh.	20,616,000yen	TOKYO TOY MUSEUM/NPO Association for the Arts, Toy and Playing The Inclusive art museum in Shinjuku.	17,933,000yen
NPO Sodateage Net With the mission of "connecting youth and society," we support children and youth who are socially isolated.	9,895,209yen	Tokyo Development Foundation for Agriculture, Forestry, and Fisheries. We prevent the global warming and succeed healthy forests to the next generation by developing a low-pollen forests.	8,418,000yen

Japan Environmental Education Forum Japan Environmental Education Forum is a international NGO that believes in the power of environmental education to create sustainable society.	15,935,000yen	NPO Florence Providing welfare support to single parents, economically impoverished families, and other families in need in Japan in the area of children and child-rearing, and working	14,320,000yen
ADAR Japan To serve humanity so all may live as God intended.	11,227,306yen	SHAPLA NEER = Citizens' Committee in Japan for Overseas Support SHAPLA NEER is a Japanese NGO, works in Bangladesh, Nepal, and Japan. We aspire to realize a world where all people can flourish in the rich potential of every human	11,514,000yen
Japanese Organization for International Cooperation in Family Planning Creating a society where everyone can be healthy and choose their own lives.	10,804,000yen	Japan Marrow Donor Registry Promotion Conference Promoting awareness of the bone marrow bank program and supporting donor registration efforts, as well as providing counseling and direct financial assistance to leukemia patients. Providing counseling and financial consultation services for leukemia patients.	10,876,000yen
Tokyo Disaster Prevention & Emergency Medical Service Association We engage in enterprises that let people gain skills and knowledge about disaster prevention and helps them understand the importance of self-aid and mutual aid during disasters. We also engage in enterprises that let people gain skills and knowledge about first aid and helps them understand the importance using first aid to assist the people around them.	7,354,000yen	Japan Association for Refugees Provide comprehensive assistance, including medical, food, housing and other support, to refugees who have fled to Japan, enabling them to have a normal life.	9,865,550yen
Children's Cancer Association of Japan Provide assistance with medical care expenses to reduce the financial burden on families for long-term pediatric cancer treatment.	4,568,000yen	Chance for Children, Inc. Chance for Children is committed to supporting children living in poverty, and providing them with access to out-of-school actives, such as sports, music, arts & culture, nature programs, free schools, and private tutoring.	8,318,000yen
Nonprofit Organization MadreBonita Provide assistance with medical care expenses to reduce the financial burden on families for long-term pediatric cancer treatment.	10,112,000yen	Japan Committee, Vaccines for the World's Children Every day, 4,000 children losing their lives by Vaccine Preventable Diseases. Make a gift of vaccines for the smiles and lives of the children in developing countries.	10,675,000yen
Non-Profit Organization Japan IDDM Network Support for research aimed at eradicating the incurable disease "Type 1 Diabetes incurable to curable!	8,007,100yen		