RACE INFORMATION

Race Name Tokyo Marathon 2016

(also serves as

Selection Race of Japan Men's Marathon Representatives for the Rio 2016 Olympic Games Abbott World Marathon Majors Series IX

Selection Race of Japan Wheelchair Marathon Representatives for the Rio 2016 Paralympic Games (provisional)

Organizer Tokyo Marathon Foundation

Co-organizers JAAF (Japan Association of Athletics Federations); Tokyo Metropolitan Government; The Yomiuri Shimbun; Nippon Television Network Corporation; Fuji Television Network, Inc.; Sankei Shimbun Co., Ltd.; Tokyo Shimbun

Supporting Organizations Ministry of Education, Culture, Sports, Science and Technology; Ministry of Land, Infrastructure, Transport and Tourism; Metropolitan Tokyo Mayors' Council; Japan Sports Association; Japanese Olympic Committee; Japan Sports Association for the Disabled; Nippon Keidanren (Japan Business Federation); Tokyo Chamber of Commerce and Industry; Tokyo Medical Association; Tokyo Disaster Prevention & Emergency Medical Service Association; Tokyo Private Ambulance Call Center Registrants' Liaison Council; Tokyo Nursing Association; Tokyo Convention & Visitors Bureau; Tokyo Federation of Neighborhood Associations; Tokyo Federation of Shopping Center Promotion Associations & Tokyo Federation of Shopping Centers; Tokyo Amateur Athletic Association; Community Sports Commissioners Tokyo; Hochi Shimbun; Radio Nippon Co., Ltd.; Sankei Sports; Yukan Fuji; SANKEI LIVING SHIMBUN Inc.; Nippon Broadcasting System, Inc.; Fuji Sankei Business I; SANKEI EXPRESS; FUSOSHA Publishing Inc.; Tokyo Chunichi Sports

Managing Organization Tokyo Athletics Association

Operation Supporter Tokyo Sports Association for the Disabled; JPA(Japan Para Athletics); Kanto Amateur Athletic Association for The Disabled

Presenting Partner (in planning) Tokyo Metro Co., Ltd.

Official Partners (in planning)

STARTS CORPORATION INC.; Yamazaki Baking Co., Ltd.;
ASICS Japan Corp.; Otsuka Pharmaceutical Co., Ltd.; BMW Japan Corp.;
KINTETSU INTERNATIONAL; The Dai-ichi Life Insurance Company, Limited;
SEIKO HOLDINGS CORPORATION; Toray Industries, Inc.; Mizuho Bank, Ltd.;
Seven-Eleven Japan Co., Ltd.; ASAHI BREWERIES, LTD.; American Express International, Inc.;
ALL NIPPON AIRWAYS Co., LTD; KAGOME Co., Ltd.; Photocreate Co., Ltd.;
ZENROSAI (National Federation of Workers and Consumers Insurance Cooperatives);
KONICA MINOLTA, INC.; SECOM CO., LTD.; Hisamitsu Pharmaceutical Co.,Inc.;
Daiwa Securities Group; Shiseido Co.,Ltd; NIHON KOHDEN CORPORATION;
KOYOU HOLDINGS Co., Ltd.; Shimizu Octo, Inc.; Tokyo Big Sight Inc.

Official Suppliers (in planning)

Hibino Corporation, TSUKIJI MARKET ASSOCIATION; YODOBASHI WHOLESALE MARKET ASSOCIATION; Tokyo Road Management Association Events 1) Marathon (Men, Women, Wheelchair Men, Wheelchair Women);

2) 10km Race (Men and Women for Junior & Youth, Visually Impaired, Intellectually Challenged, Organ Transplant Recipients and Wheelchair categories)

Date & Time Sunday, February 28, 2016

9:05 a.m. - Wheelchair Marathon and 10km Start

9:10 a.m. - Marathon and 10 km Start

10:50 a.m. - 10km Finish 16:10 p.m. - Marathon Finish

Broadcaster Nippon Television Network Corporation

Course

Marathon: Tokyo Metropolitan Government Building — Iidabashi — Imperial Palace — Hibiya — Shinagawa — Ginza — Nihonbashi — Asakusa Kaminari-mon — Tsukiji — Toyosu — Tokyo Big Sight (The course is certified by the JAAF and AIMS)

10km Race: Tokyo Metropolitan Government Building — Iidabashi — Imperial Palace — Hibiya Park (Results are considered unofficial. Finishing place is determined by net time.)

Competition Rules The races will be conducted in accordance with the rules and regulations of the IAAF, the JAAF and the Race Organizer.

IAAF Road Race Label Regulations also apply to the Tokyo Marathon 2016, which has been certified by the IAAF as a Gold Label road race. Doping control is conducted under IAAF Anti-Doping Regulations and/or Japan Anti-Doping Regulations.

IPC ATHLETICS Rules and Regulations and the competition rules of the Tokyo Marathon apply to the wheelchair marathon.

Doping control is conducted under IPC ATHLETICS Anti-Doping Regulations and/or Japan Anti-Doping Regulations.

Time Limits Marathon: 7 hours; Wheelchair Marathon: 2 hours and 10 minutes

10km Race: 1 hour and 40 minutes; Wheelchair 10km race: 35minuites

- (i) The time limits are based on the gun time (not on the net time).
- (ii) The cut-off time will be enforced at each checkpoint due to limited duration of traffic control, security operation and event operation. The runners, who fail to pass through the checkpoint before the cut-off time, will be disqualified from the race. Furthermore, trailing runners who lag excessively behind the cut-off time pace may be asked to leave the course at anytime.

Maximum Number of Entrants

Marathon: 36,500 runners 10km Race: 500 runners

Eligibility:

- 1) Marathon: Must be at least 19 years of age on the race day
- 1-1) General participants capable of completing the race within 6 hours and 40 minutes
- 1-2) Semi-Elite Athletes

Athletes who are recommended by the races that are affiliated in the RUN as ONE - Tokyo Marathon 2016.

- 1-3) Elite Athletes
- Athletes, registered with the JAAF in fiscal 2015 who satisfy the special requirements set forth by the JAAF

- Invited Athletes: Domestic and international runners recommended by the JAAF
- 1-4) Wheelchair (General participants)
- -Athletes capable of completing the race within 2 hours and 10 minutes using the racing wheelchair.
- 1-5) Wheelchair (Elite)
- -Athletes who have the following record in the tournament of the IPC certified races:
- 1 hour and 50 minutes or under (Men)
- 2 hours or under (Women)

Athletes registerd with the JPA in fiscal 2015, and the IPC in fiscal 2016 Athletes who have the T53 or T54 class of IPC Classification.

- -Invited Athletes: National and international athletes recommended by the JPA.
- 2) 10km Race: Must be at least 16 years of age on the race day
- 2-1) Junior & Youth

Runners between 16 and 18 years of age on the race day, who are capable of finishing the race in 1.5 hours (Runners born between March 1, 1997 and February 28, 2000 are eligible)

*Including those runners who are selected separately by the Tokyo Metropolitan Government under the projects related to the Great East Japan Earthquake Recovery support.

2-2) Visually Impaired

Runners aged 16 and above on the race, day capable of finishing the race within 1.5 hours 2-3) Intellectually Challenged

Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours 2-4) Organ Transplant Recipients

Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours 2-5) Wheelchair

Athletes aged 16 and above on the race day, capable of finishing the race in 35 minutes on the racing wheelchair

Prize Money For both the marathon, and wheelchair marathon races, the prize money based on the results will be awarded in accordance with separate rules.

Entry Fee Marathon: Domestic-10,800 Yen (from overseas-12,800 Yen)

10km Race: Domestic-5,600 Yen (from overseas-6,700 Yen)

Application

1) Procedure

Online entry

2) Application Period

Applications must be received between Saturday, August 1, 2015 and Monday, August 31, 2015 (inclusive).

3) Screening

Entrants will be selected by the lottery if applications exceed the maximum number.

4) Payment

Accepted applicants must pay the entry fee by money transfer to the designated account before the deadline.

- *Applications from charity runners will be accepted from Wednesday, July 1, on a first-come, first-served basis (up to 3,000 charity runners).
- *Priority applications may be submitted by the premium members of ONE TOKYO, the official club of Tokyo Marathon Foundation, from Wednesday, July 1 to Friday, July 31 (3,000 places)
- * For the Semi-Elite runners information, please refer to the following Tokyo Marathon 2016 official

website.

*Applications from elite runners and Wheelchair Marathon runners will be accepted from December.

Number Card Pick-Up

February 25, 26 and 27, 2016 (Thursday through Saturday)

Venue: Tokyo Marathon EXPO 2016 at Tokyo Big Sight *Please note that no number card will be distributed on the race day.

Others:

- 1) Entry fee will not be refunded in the event of the cancellation of the race if such cancellation is not attributable to the organizer.
- 2) The event will be operated in compliance with all domestic laws and regulations.