

「メディアガイド内“国内招待選手(女子)”」の記録の訂正について以下の通りお知らせいたします。

※年齢は大会当日(2014年2月23日)のものです。

## No. 42 渋井 陽子 (東京・三井住友海上)



DOB 14 Mar. 1979  
Age 34  
Height 165cm  
Weight 47kg

### Personal Best

5,000m	15:18.92	-2002
10,000m	30:48.89(NR)	-2002
Half marathon	1:09:31	-2000
Marathon	2:19:41	-2004

### International Championships Highlights

Marathon
4th in 2001 World Championships
10,000m
17th in 2008 Olympics; 14th in 2003 World Championships
World Cross Country Championships
28th in 1998

### Progressions

Year	5,000m	10,000m	Half Marathon	Marathon
2013	15:56.59		1:12:34	2:32:41
2012	16:14.88	32:59.37		2:25:02
2011	16:06.39	33:46.70		2:29:03
2010				
2009			1:14:09	2:23:42
2008	15:19.29	31:15:07	1:10:27	2:25:51
2007	15:30.71	31:48.87	1:10:24 (en route to marathon)	2:34:15
2006	16:03.73	32:39.42	1:10:24 (en route to marathon)	2:23:58

### Marathon career

	Time	Race	Place	Date
	2:37:35	London	17th	21 Apr 2013
	2:32:41	Osaka Women	8th	27 Jan 2013
	2:25:02	Nagoya Women	4th	11 Mar 2012
	2:35:10	Hokkaido Marathon - Sapporo	3rd	28 Aug 2011
	2:29:03	Tokyo	3rd	27 Feb 2011
	2:46:34	San Francisco	1st	26 July 2009
	2:23:42	Osaka Ladies Marathon	1st	25 Jan 2009
	2:25:51	Tokyo Women's Marathon	4th	16 Nov 2008
	2:34:19	Tokyo Women's Marathon	7th	18 Nov 2007
	2:34:15	Osaka Ladies Marathon	10th	28 Jan 2007
	2:23:58	Nagoya Women's Marathon	2nd	12 Mar 2006
	2:27:40	Nagoya Women's Marathon	7th	13 Mar 2005
Personal Best	2:19:41	Berlin Marathon	1st	26 Sept 2004
	2:33:02	Osaka Ladies Marathon	9th	25 Jan 2004
	2:21:22	Chicago Marathon	3rd	13 Oct 2002
	2:26:33	WC - Edmonton	4th	12 Aug 2001
Debut record	2:23:11	Osaka Ladies Marathon	1st	28 Jan 2001

### 2014 Results

Date	Race	Distance	Place	Time
19 Jan	Kitakyushu Women's Ekiden	Stage 5 - 11.7Km	4th	38:46

National record (30:48.89) holder at 10,000m and former national record (2:19:41) holder at the marathon, Yoko Shibui has always attract attention whenever she run the marathon. When Shibui recorded the fastest marathon debut (at the time) of 2:23:11 in the 2001 Osaka Ladies Marathon, she was hailed as the next great marathon runner. Although she improved her personal best in 2002 Chicago Marathon and then set the national record in 2004 Berlin Marathon, she has not fulfilled her promise, yet. From 2005 to 2008 Shibui struggled with the marathon, until the 2009 Osaka Ladies Marathon, where Shibui won by covering 30 to 35Km in 16:11. Shibui ran Tokyo Marathon in 2011. In her first marathon in nearly two years, Shibui took over the lead at 27Km to establish a commanding lead only to slow down and passed by three runners in succession to finish fourth (later moved up to third due to doping suspension of the winner). After Tokyo, Shibui ran 2011 Hokkaido Marathon, 2012 Nagoya Women's Marathon, 2012 London Olympic qualifying race, 2013 Osaka Women's Marathon and London Marathon, 2013 World Championships qualifying races. However, her results were far from satisfying. In the mid-December's All JPN Corporate team Women's Ekiden Championships, Shibui was dismal 23rd in 10.9Km stage with 38:54. However in mid-January's Kitakyushu Women's Ekiden, Shibui was fourth fastest in 11.7Km stage with 38:46. Obviously, Shibui is rounding into shape for the Tokyo Marathon.

渋井陽子は、10,000mの日本記録(30分48秒89)保持者であり、マラソンの前日本記録(2時間19分41秒)保持者でもあり、彼女のマラソンは常に注目を浴びる。2001年大阪国際女子マラソンで2時間23分11秒の初マラソン世界最高記録(当時)を樹立。それ以来、渋井は日本女子マラソン界を背負うランナーとして注目されてきた。02年のシカゴマラソンで自己ベストを更新すると、04年のベルリンマラソンではその記録をさらに上回り、日本記録をも樹立した。しかし、05年から08年まではマラソンの優勝から遠ざかった。09年大阪国際女子マラソンでようやく04年以来の優勝をもぎ取った。そのレースでは、30kmから35kmまでを16分11秒でカバーした。

11年にも東京マラソンを走っている。ほぼ2年ぶりのマラソンとなったそのレースでは27km辺りでトップに立ち独走状態を築いたが、徐々に失速し、3人に抜かれ4位に終わった(のちに優勝者が薬物違反で失格となり、順位が3位に繰り上がった)。

その後11年北海道マラソン、ロンドン五輪の選考会となった12年名古屋ウィメンズマラソン、13年世界選手権選考レースとなった13年大阪国際女子マラソン、13年ロンドンマラソンとレースに出場したが、いずれも満足な結果は得られなかった。

昨年12月半ばに行われた全日本実業団女子駅伝では10.9kmの第3区で38分54秒も要して区間23位に沈んだが、今年1月半ばの選抜女子駅伝北九州大会では11.7kmの第5区を区間4位となる38分46秒で走っており、東京マラソンに向けて、明らかに上り調子のような。

### 2013 Results

Date	Race	Distance	Place	Time
21 Dec	Nittai University Distance - Yokohama	5,000m	24r4	16:17.11
15 Dec	All JPN Corporate team Women's Ekiden - Sendai	Stage 3 - 10.9Km	23rd	38:54
3 Nov	East JPN Corporate team Women's Ekiden	Stage 5 - 10Km	4th	33:25
29 Sept	Nittai University Distance - Yokohama	5,000m	19r3	15:56.59
6 July	Hokuren Distance Challenge - Kitami	3,000m	27rA	9:44.94
3 July	Hokuren Distance Challenge - Abashiri	5,000m	25rA	16:55.61
21 Apr	London Marathon	Marathon	17th	2:37:35
14 Apr	Nittai University Distance meet - Yokohama	5,000m	1r2	16:00.54
17 Mar	All JPN Corporate team Half Marathon - Yamaguchi	Half marathon	13th	1:12:34
27 Jan	Osaka Women's Marathon	Marathon	8th	2:32:41

### 2012 Results

Date	Race	Distance	Place	Time
22 Dec	Nittai University Distance Meet - Yokohama	5,000m	4r5	15:48.16
16 Dec	JPN Corporate team Women's Ekiden - Sendai	Stage3 - 10.9Km	12th	36:55
3 Nov	East JPN Corporate Women's Ekiden - Saitama	Stage 5 - 10Km	2nd	33:53
21 Sept	JPN Corporate team T&F Champ	10,000m	23rd	32:59.37
7 July	Hokuren Distance Challenge - Abashiri	10,000m	24rA	33:27.03
4 July	Hokuren Distance Challenge - Kitami	5,000m	19rB	16:14.88
9 June	Nittai University Distance - Yokohama	5,000m	17r26	16:23.19
20 May	East JPN Corporate team T&F Champ	5,000m	20th	16:39.36
19 May	East JPN Corporate team T&F Champ	10,000m	10th	33:53.24
6 May	Nittai University Distance Time Trials - Yokohama	5,000m	11r14	16:42.22
11 Mar	Nagoya Women's Marathon	Marathon	4th	2:25:02